

Five Key Facts About Alzheimer's Disease

1.

Dementia Is Not A Natural Part Of Aging

whilst prevalent in the over 65's, dementia can also affect younger people. In the UK, over 17,000 people under the age of 65 have this condition.

2.

Dementia Is Caused By Diseases Of The Brain

symptoms of dementia are caused by physical disease such as Alzheimer's which directly affects the brain.

3.

It's Not Just About Losing Your Memory

dementia can have a huge impact on a person's life and on the people around them.

4.

It's Possible To Live Well With Dementia

many people with early stage dementia live full lives although adjustments may be taken to cope with symptoms.

5.

There's More To A Person Than The Dementia

Sadly, in some cases where symptoms of dementia have advanced, friends of people with dementia no longer visit them; they want to remember how that person used to be. However, whilst the 'wall of dementia' is in front of them, they should be held in the same regard, and treated in the same manner as they were, before they had this condition. Even at an advanced stage, people with dementia can sometimes indicate they are aware of those around them; **they are still 'there'.**

For more information or to discuss any concerns you may have about yourself or a loved one please drop in at the Wellbeing Centre, Sefton Road, Epsom, KT19 9HG, on Mondays between 1:00pm and 3:00pm to speak to Lorraine Backshall, Dementia Navigator. For more information please call Lorraine on 07850 929868.