



Will you help us to create a **dementia-friendly** borough?

**Join the Epsom and Ewell Local Dementia Action Alliance**

The number of people estimated to be living with dementia in Surrey is over **16,000**. In Epsom and Ewell it is around **1,030**.



Most people with dementia live in their own homes, cared for by family members. With few services adapted to their needs, and still so much stigma surrounding dementia, many risk becoming socially isolated in the local community.

But the Epsom and Ewell Local Dementia Action Alliance is determined to change that.

If people with dementia and their families receive quality care and support, they can live well, and independently. Our vision is to make Epsom and Ewell a fully integrated and inclusive dementia-friendly community, where people who are living with, or are affected by, dementia can live well and feel a valued part of the community.

### How can we help?

At the Epsom and Ewell Local Dementia Action Alliance we aim to:

- Improve dementia awareness in the borough
- Support local people who are living with dementia, and their carers
- Help local communities, shops, businesses, schools, colleges and public services to become more dementia-friendly by providing them with information, advice and training.

### Help us to create a dementia-friendly borough

Anyone can join us, and we'd like as many local people, groups, businesses and organisations as possible to do so.

If you would like to get involved, or are keen to know more about the Epsom and Ewell Dementia Action Alliance, please visit [dementiaaction.org.uk](http://dementiaaction.org.uk) and enter 'Epsom' in the search field or email [danniegruff@gmail.com](mailto:danniegruff@gmail.com)

## 100+

The number of different diseases of the brain that cause dementia. Dementia symptoms include memory loss, mood and personality changes and changes in behaviour.

## 2 million

The number of people in the UK likely to be living with dementia by 2051.

## 225,000

The number of people in the UK who will develop dementia this year – that's one every three minutes.

